

— NSW —
RUGBY UNION

Western NSW

Information Pack 2024

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2024 Overview and Strategic Plan – Western NSW

In 2024, Western NSW Rugby staff will cover approximately **600,000kms** to service:

- **School and Club Based Competitions**
 - Friday Night Girls 7s
 - 30-40 school-based competitions and selection days for Primary and Secondary schools
- **41 clubs across the Central West and Western Plains Zones through;**
 - Coach Education
 - Club Recruitment and Retention
 - Club and Volunteer Support
- Other events
 - Talent Identification
 - Representative Programs and Academies

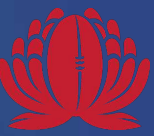
Western NSW Development Staff 2024

Janalee Conroy – Western Plains Development Manager

Teagan Miller – Central West Development Manager

Darby Richardson – Western Region Development Officer

Mark Pitts – Warrumbungle Region Development Officer



Primary Schools



Primary School – Central West



EOI Form

NSW Rugby Events

Primary School 7s

Stage 2 & 3/Mixed

- › Dubbo April 2nd
- › Parkes April 3rd
- › Orange April 4th
- › Bathurst April 5th
- › Mudgee May 8th
- › Cowra May 10th

Regional Finals May 22nd

– Orange

State Finals May 31st

Sydney – Tahs v Reds

Catherine McAuley Orange Reigning Champs!

Western Public Schools

Western Zone Trials

Boys:

Div A Orange May 2nd
 Div B Dubbo May 3rd Regional
 Trial TBC May 13th
 State Champs Wagga Wagga 27-
 29th August

Girls:

Western Trial TBC April 5th

State Champs Camden

September 9-10th

Bryan Palmer Shield

Rugby 12s & Girls 7s

Term 2 Week 3 TBC

Western 1 & 2 (Boys) and

Western Region (Girls 7s)

Bathurst Diocese

Bathurst Dio Trials

Bathurst May 24th

Backup May 31st

Catholic PS

Polding Trials Boys

Forbes June 30th – July 1st

CPS Trials Girls

TBC August 14th

State Champs Camden

September 9-10th

Chris Gamgemi Shield

Rugby 10s

TBC June 19th

Backup June 26th

State Finals August 14th

*Catherine McAuley Orange Also
Reigning Champs!*

Wilcannia Forbes

Diocese

WF Dio Trials

Forbes TBC Term 2

Catholic PS

Polding Trials Boys

Forbes June 30th – July 1st

CPS Trials Girls

TBC August 14th

State Champs Camden

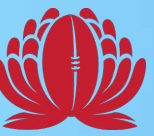
September 9-10th

Chris Gamgemi Shield

Rugby 10s

TBC

State Finals August 14th



Secondary Schools



Secondary Schools



EOI Form

NSW Rugby Events
Secondary School 7s
14s & 16s Boys & Girls
Divisions

Mudgee August 13th
State Finals TBC Sept 11th
or Sept 18th

18s Boys & Girls

9th May combined day at
Orange Emus
State finals location and
date to be confirmed

RAMSAY Competition
Boys XV's & Girls 7s Term 2
Round Robin competition

Western CHS Schools
Western Zone Trials

Boys XV's & Girls 7s 18s
Orange March 8th

CHS Champs Boys & Girls
Bathurst May 15-17th

CHS U16s & U18s Gala Day
Orange 10th April

Waratah & Buchan Shield
Opens and 16s CHS
Competition

Organised by CHS Rugby
Convenors.

State Finals TBC late Term
3

Bathurst & WF Diocese
NSW CCC Trials

16s Boys: TBC June 3-4th

18s Boys: TBC June 3rd

16s & 18s Girls: TBC June
4th

Waratah Shield

Open CCC Competition

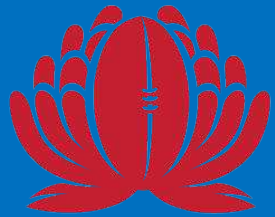
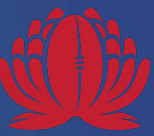
Organised by CCC Rugby
Convenor.

State Finals TBC late Term
3

Bathurst Diocese

Rugby 10s Girls & Boys

Mudgee Sept 10th



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Get into Rugby



**COACH
DEVELOPMENT**



Get into Rugby



EOI Form

Get Into Rugby

Get Into Rugby is a fun, skills-based program that is great for boys and girls starting their Rugby journey. Easy to run, safe, and inclusive, Get Into Rugby is perfect for primary and secondary students new to the game; helping them to get active, develop new skills and build confidence.

Touch 7s

Touch 7s is all about getting active, playing rugby, and having fun with friends. A non-contact form of rugby, Touch 7s is free-flowing, suitable for beginners, and a great way to keep fit and healthy. Quick to set up and easy to play, Touch 7s provides a safe, social, and exciting rugby experience that is guaranteed to get students moving and smiling.

Play 7s

Play 7s is aimed at upper Primary and Secondary students that are interested in learning the specific skills and competencies on how to play Rugby 7s. One of the fastest growing sports in the world! The program introduces students to a fun, fast form of rugby through a mix of skills, modified match play and game practice; with minimal contact to ensure students learn the game in a safe manner.

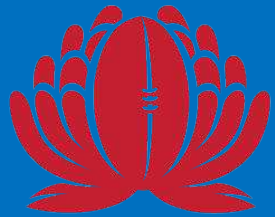
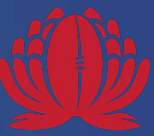
Funded through Sporting Schools

Sporting Schools is a Australian Government Initiative in which provides free programs to help increase children's participation in sport.

Each Rugby Sporting Schools program runs for a minimum of five weeks.

Lessons can be delivered before, during or after school. Programs can be easily tailored to suit different ages, skill levels, or gender.

<https://bit.ly/47n6hvA>



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Smart Rugby



**COACH
DEVELOPMENT**



Smart Rugby



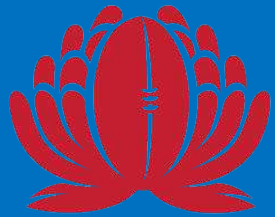
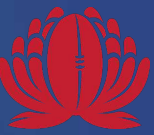
Access
Rugby
Learning
Centre
<https://myaccount.rugbyxp>

Smart Rugby
**ALL COACHES &
MATCH
OFFICIALS MUST be
Smart Rugby
accredited.**

Coaches can complete
this **ONLINE**; or clubs
can opt for a face to
face 2 hour session
delivered by
Development Staff.
Expires every 2 years

Smart Trackle
Face to Face
Request

Contact Teagan Miller
Teagan.miller@nsw.rugby
0417 717 656



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Match Official Education



Match Official Education



CENTRAL WEST
RUGBY

Access Rugby Learning Centre

<https://myaccount.rugby>

Referee Ready Course:

For all new referees looking at learning how to referee. This online course is available for new referees 13+, and is a fantastic introductory course.

Central West Referee Ready Course: March 13th
Via Zoom. 3 hours

Refereeing Kids Rugby

Suitable for referees looking to take charge of local junior fixtures.

This course is targeted for Under8-Under 12s, where the players are learning the basic skills and laws of the game.

Central West RKR: TBD
pending interest

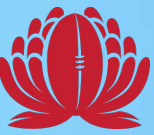
Level 1 & Level 2 Referee Course

Suitable for referees to increase their referee IQ, and those referees looking to pursue referee pathways. Referees must complete on fields assessments to be qualified Level 1 & 2 referees.

Level 1: Participants must be turning 15.

Level 2: Participants must be turning 18.

Upcoming Courses: Head to the Rugby Learning Centre to find the next course that suits you! Click the link above!



Coach Education
